Program Schedule:

	8:30am-10:00am	10:15am-11:45am	12:00pm-1:00pm	1:00pm-2:30pm	2:45pm-4:45pm
Mon	CBT/DBT Group with General Population	Salute to Recovery Program	LUNCH	Salute to Recovery Program	Salute to Recovery Process Group
Tue	CBT/DBT Group with General Population	Salute to Recovery Program	LUNCH	Salute to Recovery Program	Salute to Recovery Process Group
Wed	CBT/DBT Group with General Population	Salute to Recovery Program	LUNCH	Salute to Recovery Program	Salute to Recovery Process Group
Thurs	CBT/DBT Group with General Population	Salute to Recovery Program	LUNCH	Salute to Recovery Program	Salute to Recovery Process Group
Fri	CBT/DBT Group with General Population	Salute to Recovery Program	LUNCH	Salute to Recovery Program	Salute to Recovery Process Group
Sat	CBT/DBT Group with General Population	CBT/DBT Group with General Population	LUNCH	Family Day	CBT/DBT Group with General Population
Sun	CBT/DBT Group with General Population	CBT/DBT Group with General Population	LUNCH	CBT/DBT Group with General Population	CBT/DBT Group with General Population

Call us today at 866-605-3022

or visit DesertHopeTreatment.com/Salute-to-Recovery.

Desert Hope
American Addiction Centers | TREATMENT FACILITY

2465 East Twain Avenue Las Vegas, NV 89121

SALUTE TO RECOVERY

The Salute to Recovery program is dedicated to helping military veterans and first responders develop solid strategies to promote positive decision-making and permanent healthy lifestyle changes.

Call 866-605-3022

Desert Hope
American Addiction Centers
TREATMENT FACILITY

The Program:

At Desert Hope, we believe the road to recovery is unique to each patient. Our treatment team understands that life in service can put individuals at high risk for developing substance use and mental health disorders, making it difficult to:

- manage a work/life balance,
- protect against stress-related disorders,
- identify the impacts on self and family,
- connect with the emotions of others,
- and recognize the beginning stages of post-traumatic stress disorder (PTSD).

The Salute to Recovery program was created with these unique challenges in mind and is dedicated to military veterans and first responders whose lives have changed and become unmanageable due to substance use disorder, post-traumatic stress disorder (PTSD), and other mental health issues.

The Salute to Recovery program at Desert Hope welcomes veterans of all branches of the armed forces, as well as current and retired first responders.

Our Treatment Includes:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization & Reprocessing (EMDR)
- Anger Management
- 12-Step Facilitation and Community-Based Support Group Meetings
- Communication Skills
- Individual Therapy and Group Treatment Modalities
- Family and Couples Counseling
- Life Skills
- Conflict Resolution
- Coping Skills

Embedded in the Salute to Recovery program is the First Responder and Military Lifeline curriculum that was created by American Addiction Centers in collaboration with Employment Assistance Professionals (EAP).

To learn more about the program call 866-605-3022, or visit DesertHopeTreatment.com/Salute-to-Recovery.